

First Aid - Automated External – Defibrillation (AED)

Duration: 4 hours

Competence must be demonstrated throughout the day in order to gain certification. There is no requirement to undertake a formal examination.

A certificate is awarded on successful completion of the course. Initial certification is valid for 12 months. Although certification is valid for 12 months, the European Resuscitation Council suggests that refresher courses should take place at least once a year, but preferably more often.

Who should attend this course?

Anyone that wishes to provide advanced Basic Life Support and has access to an Automated External Defibrillator. You should have excellent resuscitation skills and a valid first aid certificate with a minimum of four hours course duration.

Course Objectives

Participants will complete the course with the knowledge and confidence to deliver Basic Life Support and Defibrillation to a patient in cardiac arrest.

Course Outline

- Unconscious casualty
- Choking
- Defibrillation
- Resuscitation
- Recovery position