

Introduction to Mentoring

Duration: 1 day

Mentoring is a sensitive and valuable type of development activity. It involves taking on the role of a trusted and experienced advisor to another individual, and requires a range of skills.

This course is designed to define mentoring clearly, so that the mentor is comfortable with the scope and depth of the relationship.

Who should attend this course?

This course is aimed at anyone taking on a mentoring role with another individual who may be a new joiner, member of a development team or individuals at key stages in their development.

Course Outline

Mentoring Basics

- Ways of mentoring
- Role and competencies
- Organisation strategies (if applicable)

Mentoring Programs

- Understanding mentoring programs
- Developing mentoring programs

Dimensions and Styles of Mentoring

- Mentoring dimension
- Learning and mentoring styles

Mentoring Effectively

- Effective mentoring relationships

Mentoring Relationship

- Building strong mentoring relationships
- Successful mentoring relationships
- Ending a mentoring relationship