Insights Discovery Critical Thinking

Critical thinking is human thinking

Critical thinking drives innovation. It helps us evaluate evidence, question assumptions and make nuanced decisions that technology can't make for us. It's how we cut through complexity, spot hidden opportunities and use AI with intention rather than autopilot.

But only if we activate it.

Insights Discovery Critical Thinking by Insights develops these skills using the familiar language of Insights colour energies.

How it works

Insights Discovery Critical Thinking helps learners -from solo contributors to the c-suite- improve the quality of their decisions.

Integrated into the Insights Discovery profile, this facilitated experience uses a practical framework to help learners make complex decisions with confidence.

It builds awareness of each learner's thinking strengths and blind spots, helping them challenge assumptions, evaluate evidence (including AI-generated outputs) and apply critical thinking to real workplace situations.

The result is stronger business performance, better collaboration, reduced risk and teams that can adapt and innovate even when the path ahead is unclear.

Benefits

Sound decisions: Higher quality, more consistent and evidence-based

Business performance: Improved productivity, mitigated risk and stronger business results

Visionary innovation: Higher creativity through challenging assumptions and reducing groupthink

Organisational resilience: Stronger judgment around uncertainty, change and AI-enabled work

Collaborative culture: Greater transparency, stronger collaboration and enhanced accountability

Build on the power of Insights Discovery

Good decisions start with self-awareness. Insights Discovery Critical Thinking builds on that foundation, combining the shared language of colour energies with critical thinking skills.

This experience is designed to amplify the entire Insights ecosystem, including:

- Discovering Team Effectiveness
- Discovering Leadership Effectiveness
- Discovery Full Circle
- Ongoing leadership coaching and talent management

Get in touch

Learn how Insights can help your organisation build resilience and navigate change at **insights.com**

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